



# NEWSLETTER

## FRIENDS OF CATERHAM DENE HOSPITAL

Registered Charity No. 251089



Spring / Summer 2025

**Friends** of Caterham Dene Hospital

## WELCOME TO OUR NEWLOOK NEWSLETTER

**Here's what's inside:**

**Chairman's Report:** Catch up on all the latest updates and what's been happening.

**Treasurer's Report:** Learn about a very generous legacy we've received.

**Supporting the Hospital:** Find out about the items we've been purchasing.

**Events Spotlight:** A recap of past events and details about exciting ones coming up.

**Upcoming Quiz Night:** Don't miss the details on the back page!

**Big News:** Discover our brand-new logo and the launch of our website!

We hope you enjoy this issue and thank you for your continued support.

# NEWS FROM THE CHAIR

## Spring Is Here: A New Season at the Dene

As the first day of meteorological spring graces us with a frosty yet sunny -1°C morning, the season calls us back to the garden. During my early dog walk, I couldn't help but think it's nearly time to roll up our sleeves and get to work in the Dene garden. This is your gentle nudge, Jane (one of our Trustees), to start planning our first gardening session of the year.

For many years, the Friends have lovingly maintained the garden, providing patients with a serene view and privacy from the car park. This year, First Community Health and Care has invited us to help plant a commemorative tree in the garden, honouring past employees. What a fitting tribute to those who have left such meaningful legacies.

## Our New Website Is Live!

We're thrilled to announce the launch of the Friends' new website! It's your one-stop hub for upcoming events, newsletters (past and present), a glimpse into the Trustees, and a brief history of the hospital and the Friends. Visit us at [www.focdh.org.uk](http://www.focdh.org.uk) to explore and share your feedback on the new logo and the site's bright, modern feel. For more about the website, check out the article later in this newsletter.

## Reflections on a Busy Few Months

Since our last newsletter, we've been buzzing with activity! Here are just a few highlights:

•**Quiz Night Success:** Our second quiz of 2024, held on October 26th at the Caterham Community Centre, was a tremendous success, raising £814.76. Mark your calendars for the next quiz on **April 12th, 2025**—details are on the back cover. We hope to see you there!

•**Christmas Cheer:** Despite the gloomy weather, our Christmas Bazaar at the URC Church Hall raised an impressive £846.66. We also gifted a Christmas tree for the day room and hampers for the ward and district nurses. Carol singing followed, complete with cracker jokes (courtesy of yours truly) and music from U3A players. Patients received fleece blankets as Christmas gifts, a cozy reminder of our care for them.

For photos and more details about these events, flip to the relevant sections in this newsletter.

## Looking Ahead: Upcoming Events

There's lots to look forward to this spring and summer:

•**Quiz Night:** April 12th, 2025—put your trivia skills to the test!

•**Caterham Carnival:** June 14th, 2025—join us on the Westway for a FREE lucky dip for kids and parents and a chance to win a Summer Hamper

•**Street Collection:** July 5th, 2025—stop by Church Walk and say hello!

•**Car Boot Sale:** July 6th, 2025—have items to donate? Drop them off at the Friends Shop in the Dene Hospital Reception.

## Join Our Team!

The Friends Shop is open Monday to Friday, 10:00–16:00, and we're looking for two new volunteers to join our wonderful team. If you have a few hours to spare on a Wednesday morning or Friday afternoon, please get in touch. Contact John Hazell via email at [chair@focdh.co.uk](mailto:chair@focdh.co.uk) or call **07484 726708**.

Finally, our Festive Bazaar will be held on Saturday 15<sup>th</sup> November in the URC Church Hall Opposite Morrison's Car Park. More details will follow later in the 2025 autumn / Winter Newsletter.

Here's to a season filled with community, connection, and care. We hope to see you at our events—your support makes everything we do possible!

**John Hazell**, Email [chair@focdh.co.uk](mailto:chair@focdh.co.uk)

**Chair** - Friends of Caterham Dene Hospital

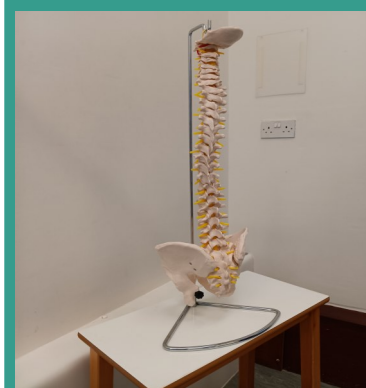
# NEW PURCHASES FOR THE HOSPITAL



A speaker for the exercise classes they run in physio, allowing them to play music and instructions from a mobile phone. It's water proof which allows it to be cleaned for infection control. Cost £89.99



10 exercise mats, for the exercise classes in physio. Cost £375.00



A spine and pelvis model helps physiotherapists demonstrate correct posture and the parts of the spine and pelvis to patients. Cost £59.00.

## What we do

We supply equipment and amenities to all the hospital's departments that the NHS cannot typically provide due to budget constraints, enhancing the overall quality of care. Additionally, we provide daily essentials such as newspapers, slipper socks, toiletries for the wards, and therabands for the physiotherapy department.



66fit bit bio feedback pressure monitor, measures neck and shoulder muscle effort by placing a pumped pad behind the area during exercises, allowing the physio to assess and correct muscle use. Cost £28.04

## How we work

Friends of Caterham Dene Hospital is entirely funded from donations from our members and local organisations, fund raising events, legacies and our shop in the hospital reception area. In the last fifteen years we have provided over £500,000 of equipment and improved amenities at the hospital.



4 wheel chairs for the ward Cost £767.80.



Laser pen headband, allows the user to point at a wall board or chart while using both hands to demonstrate. Cost £39.35



20 new Visitor chairs for the Day Room, replacing the older black ones. Cost £618.00

# TREASURER'S REPORT

## DRAFT ANNUAL ACCOUNTS FOR THE YEAR ENDED 28 FEBRUARY 2025

Our annual accounts are currently being finalised and will be presented for discussion at the AGM on 15 May 2025. Below is a summary of the draft accounts for your information. If you have any questions or would like a full copy of the finalised accounts once they have been confirmed by the Independent Examiner, please contact me at [treasurer@focdh.org.uk](mailto:treasurer@focdh.org.uk) or join us at the AGM.

### Our Achievements This Year

Thanks to the dedication of our shop volunteers and fundraisers, we raised £8,700 which was used to purchase vital new equipment for the hospital.

We were also fortunate to receive a generous £25,000 legacy from a local resident, helping to improve hospital equipment and facilities for future generations. Bequests like this make a significant difference, allowing the Friends to enhance the level of financial support provided to Caterham Dene Hospital. If you would like to consider leaving a legacy gift, please let us know.

In 2024, the Friends provided £18,500 worth of new hospital equipment and patient amenities, ensuring a more comfortable and well-equipped environment for patients.

Thank you for your continued support—it truly makes a difference.

**Steve Slade, Treasurer**

## SUMMARISED FINANCIAL ACTIVITIES FOR THE YEAR ENDED 28 FEBRUARY 2025 DRAFT

	2024/25	2023/24
	£	£
<b>RECEIPTS</b>		
Subscriptions	6,285	6,239
Income from trading (net)	4,686	4,497
Fund raising income (net)	4,002	2,591
Donations	2,985	2,273
Gift Aid	5,396	833
Legacies & Gifts in Memory	25,000	11,030
Interest received	3,961	3,623
<b>TOTAL RECEIPTS</b>	<b>52,315</b>	<b>31,086</b>
<b>PAYMENTS</b>		
Equipment purchased	15,079	40,449
Amenities provided	3,469	9,328
Management & Administration	2,554	1,583
<b>TOTAL PAYMENTS</b>	<b>21,102</b>	<b>51,360</b>
<b>SURPLUS/(DEFICIT) FOR THE PERIOD</b>	<b>31,213</b>	<b>(20,274)</b>
<b>UNRESTRICTED FUNDS - BROUGHT FORWARD</b>	<b>140,715</b>	<b>160,989</b>
<b>UNRESTRICTED FUNDS - CARRIED FORWARD</b>	<b>171,928</b>	<b>140,715</b>



# GLIMPSES FROM LAST CHRISTMAS



Christmas cake for patients and staff, donated by John Hazell. Chair of the Friends.



Christmas tree for the day room donated by the Friends.



Berenice Frith, one of the Friends Trustees and her husband Chris, helping at the Friends Christmas Bazaar.



Nurses and staff and District Nurses based at Caterham Dene were presented with hampers from the Friends.



Each Patient staying over night at Christmas, was given a festive blanket to keep, donated by the Friends. The 29 beds are always full.



Singers and musicians from Luke's Larks, and members of the public joined in at the Dene's Christmas Carols

20<sup>th</sup> December 2024

Dear John

I hope this letter finds you and the many volunteers at the Friends of Caterham Dene well and looking forward to the festive celebrations.

On behalf of First Community, I wanted to extend our sincere thanks and gratitude to the "friends" for your continued kindness and generosity over the last year. The support and donations make a significant difference to our ward environment and really enhances the daily social interactions for our patients with regular newspapers, televisions and radios, free at the point of use. This really does help to ensure our patients remain connected to what is going on in the outside world and entertained, during a time when they are away from their usual home environment, family and friends.

Kind regards

**Lee Davies**  
Associate Director of Operational Delivery  
and Neighbourhood Development

# NOTICE BOARD

Don't forget—we greatly appreciate donations of new gifts, china, glassware, ornaments, and jewellery to support sales in our shop and at the Festive Bazaar. You're welcome to bring them to our shop at the hospital reception between 10am and 4pm, or contact John Hazell at 07484726708 to arrange a collection.



## Easter chicks

Easter is on Sunday 20th April this year, so plenty of time to pop into the friends shop in Caterham Dene Hospital and stock up on chocolate goodies disguised as delightful chicks, lambs and bunnies, knitted by our volunteers. Don't leave it too late as they run out fast! Open - Mon - Fri, 10am - 4pm.



Friends of Caterham Dene Hospital



## ANNUAL GENERAL MEETING

15TH MAY 2025

St. Mary's Church Hill, Caterham, Surrey CR3 5RA – 19:00 – 21:30

# OUR NEW WEBSITE AND LOGO

We're thrilled to announce the launch of our brand-new website on 1st April 2025! It's packed with information about who we are, how we support the hospital, the history of the hospital, and the dedicated team behind the Friends of Caterham Dene Hospital.

On our website, you can explore upcoming events, catch up on past newsletters, sign up as a member, or make a donation. If you'd like to lend a helping hand, there are plenty of volunteering opportunities—whether at events, in our shop at Caterham Dene Hospital, keeping the garden tidy, or delivering newsletters in your area. All our contact details are available on the site.

Visit us at **[www.focdh.org.uk](http://www.focdh.org.uk)**—we'd love to hear your thoughts! You can also scan the QR code below with your phone's camera or QR reader for instant access, or search 'Friends of Caterham Dene Hospital' on the internet. Our site was designed and created by Black Crow Creative.

Take a look at our new logo as well—we hope you like it!



**Friends** of Caterham Dene Hospital

## Our new look newsletter

We've updated the colours and fonts in our newsletter to match the fresh new style of our website. This new look newsletter gives you a glimpse of what to expect when you visit us online.

Check it out at **[www.focdh.org.uk](http://www.focdh.org.uk)**







# *Save the date for our* **Fun Quiz Night**



**Friends of Caterham Dene Hospital**

**6.00pm for a 6.30pm start**

**Saturday 12th April 2025**

**Caterham Community Association Centre**

**High Street, Caterham, CR3 5UE**

**Tickets only available by emailing**

**[ceo@focdh.co.uk](mailto:ceo@focdh.co.uk)**

**£15 per head - Sausage or Veggie Spring Roll & Chips**

**£20 per head - Fish & Chips**

**Bring your own booze**

**Soft drinks available to purchase**

**Prize - £5 per head  
for winning table**

**Bring £1 coins to play heads and tails**



**Raffle**

**QUIZ**

Registered charity no.251089