



NEWSLETTER

FRIENDS OF CATERHAM DENE HOSPITAL

Registered Charity No. 251089



Autumn/Winter 2024



SEE INSIDE FOR ALL OUR NEWS

News from the hospital

Equipment purchases for the hospital

Fundraising events and donations

CHRISTMAS BAZAAR COMING SOON!

SATURDAY 23RD NOVEMBER

Put the date in your diary and come and join us

Lots of lovely stalls for gifts or to treat yourself, raffle, jewellery,
coffee, tea, cakes and savouries to eat in or take away.

Please see the back page for more details



NEWS FROM THE CHAIR

As I sit down to write this piece for the Autumn/Winter Newsletter, I am struck by how fast this year has gone. Summer doesn't seem that long ago but Christmas is just around the corner! We start the festive season with our hugely successful and enjoyable Christmas Bazaar on Saturday 23rd November, held this year at the United Reform Church Hall in Caterham starting at 10.00am. There will be lots of festive and craft stalls, light bites and cakes, Christmas gifts and the big raffle. Do come along to support our fundraising for the hospital. Don't forget we sell a great range of Christmas cards from our Friends shop in the reception area of the hospital, only £2.00 for a pack of 5 high quality cards.

It has been a very busy time at the hospital this year with the Minor Injuries Unit (MIU) reporting they seem to be as popular as ever! A big change for MIU has been they are now able to see children over 5 years old, whereas in previous years they could only see adults. If you have been in the hospital recently you will have noticed the protective desk screens have been removed from the main reception desk and the Friends shop, after the hospital's Infection Control team deciding the screens were no longer required.

Our AGM in the early summer was well attended with Julie Phillips, the service manager for bed-based care at the hospital, providing an update of all the great work that is being done. Julie also announced that she was retiring from the hospital, and we wish her a long and happy retirement.

Also at the AGM we welcomed Bernice Frith as a new trustee of Friends. Bernice has lived in Caterham for over 30 years with her husband Chris, while bringing up their two daughters. Bernice is a regular volunteer in our Friends shop. Sadly, the AGM marked the retirement of Helen Denton as a trustee of the Friends. Helen had been a trustee for 10 years and stepped down as Chair last year. We thanked her for her hard work and dedication.

We have received several very kind donations from local residents and organisations, and I would like to specifically thank Sonia Fowler's estate who left Friends a significant sum, and the Miller Centre who recently donated £800.

I must also say a big thank you to all our fundraisers who have been very busy this year. Our fundraising events have included two very successful quiz nights, a street collection, a car boot sale and a stall at Caterham Carnival. Our hospital shop continues to be very popular and is a major source of income for us, so thank you to our dedicated shop volunteers. If you would like to be part of our fundraising team please contact me and I would be happy to chat to you about our plans and how you could help us.

Due to our successful fundraising activities we have been able to purchase more specialist equipment for the hospital, including four new spot monitors that immediately provide the nurses with a patient's vital signs, as well as other equipment and furniture as requested by the hospital. Please see page 3 of the newsletter for more information about our purchases for the hospital.

And finally...may I wish all our members, volunteers and hospital staff a merry and safe Christmas as we all look forward to the new year.

John Hazell *chair@focdh.co.uk*

NEW PURCHASES FOR THE HOSPITAL



Sumathy Arudchelvan and John Hazel with one of the four new a spot monitors, costing a total of £12,108.

We have purchased four Spot Monitors; major time saving pieces of equipment for nurses that record a patients vital signs - blood pressure, temperature, pulse & oxygen levels. It can raise an alarm if the pre-programmed levels are not achieved and it also has an escalation programme for actions to be taken in the event readings are outside of normal limits. Results are recorded directly to the patients record by WiFi which is a huge time saver and helps improve nursing efficiency and accuracy of patient records.



Four chairs have been purchased for the new Quiet Room, where staff are able to have private conversations with patients &/or patient families, or where patients can use for a quiet period. They have antibacterial surfaces and costed a total of £1,180.

A Zebra Printer, printing specialist labels with trace codes provides specific patient information that is attached to samples, as they move between various hospital departments. Total cost £386.



NEWS FROM THE HOSPITAL

The Minor Injuries Unit (MIU) is doing really well. We are now seeing children over 5 who attend with minor injuries. We have, as a service, been extremely busy over the summer months with none of the usual let up which comes with the better weather, hence our waiting times have increased at times.

We no longer have a GP working with us in the MIU so we are completely nurse led again. We have had several new staff join our team and we now have a practice development practitioner who is training our assessment nurses to become the practitioners of the future. We are also hoping to add a first contact physio practitioner to our team in the near future.

The wound dressing clinic is still running and is always busy with patients needing dressing changes.

We continue to grow and expand as a service, we have received really good feedback via our friends and family feedback service. We have also had some 'constructive' feedback which enables us to improve the service further for our patients. We have recently updated the website in light of some of these comments.

Lisa Wood, Clinical Lead, Minor Injuries Unit



We are in need of donations of small new gifts, good quality glass and chinaware and jewellery for the Christmas Bazaar, and for us to sell in the shop.

All the money we raise in the shop, and at our events, is from the sale of items that have been donated by you, the public. Our stocks are getting very low and we would really appreciate any unwanted quality items you have tucked away in your cupboards.

You can bring them into the shop at Caterham Dene Hospital between 10am and 4pm weekdays, or email John Hazell at chair@focdh.co.uk, or phone or text him on 07484 726708.

CHRISTMAS CARDS AND CHOCOLATE GOODIES

Our Christmas cards will be arriving soon in the Friends Shop and the Physio department at Caterham Dene Hospital, and also, don't forget to watch out for our Christmas chocolate goodies there too!

We will also be selling these items at our Christmas Bazaar on 23rd of November at the United Reformed Church, Caterham.



EVENTS

We are coming to the close of a busy year with our second quiz night being held at the end of October and the Christmas Bazaar, which will be a spectacular event, at the United Reformed Church in Caterham on 23rd November. A big thank you to the fundraising team for all their hard work in putting on all our events this year.



Above: Contestants at the Quiz Night in April at the Caterham Community Centre. An enjoyable time was had by all and £435.35 was raised.



Left: We had a stall at Caterham Carnival with a lucky dip and guess the name of the teddy, raising £108.37

In June we held a very successful street collection in Caterham and thanks to the very generous public we raised £278.24.



Above: The car boot sale, on Westway Common in June, raised £53.20

COME AND HELP US!

We are always looking for new volunteers to join our small friendly team. If you have a few hours spare or know someone that does, there are many ways in which you can help us.

If you have a few hours now and then you could help at events; setting up, manning stalls or packing away, or if you can spare a few hours a week and would like to help in our shop at Caterham Dene Hospital there are spaces available. We also need volunteers, to collect and sort out donations kindly given to us by the public, which we sell in our shop.

Please contact John Hazell our Chairman for more information on 07484 726708



DONATIONS

We are very pleased to have received a generous donation in memory of Sonia Fowler. Sonia lived in Chaldon with her husband Tony and their four children Katy, Adrian, Claire and Suzi. Later Sonia and Tony moved to Caterham, and were members of Friends of Caterham Dene Hospital for many years. They were well known in the area and had many friends. Both loved being part of the community and joining local organisations. One of these was the Chaldon Players which later became the Chaldon Amateur Dramatic Society which is where I met Sonia and Tony. Sonia was a good listener and was always interested in what other people had to say. She was a generous and lovely lady.

Thank you Katy, Adrian, Claire and Suzi for your generous gift in memory of your mother Sonia.

Hetty Duck, Trustee, Friends of Caterham Dene Hospital.

There are many ways to donate to the Friends -

- * If you have online banking, you can just transfer an amount of your choice straight into our bank. Just put 'Donation' in the reference box. Please contact Steve Slade (treasurer@focdh.co.uk) for our bank account details.
- * Join the Tandridge Together Lottery and buy a ticket, with 50% going directly to Friends' bank account. Plus you could win up to £25,000 at the same time! Go to - www.tandridgelottery.co.uk
- * Give As You Live - a percentage of what you spend through their website, comes directly into our bank account. Buy anything from; your grocery shopping, clothes, holidays, to gardening and household items. Go to - www.giveasyoulive.com/join/friendsofcaterhamdenehospital and buy from all your favourite shops.
- * Use our shop in Caterham Dene Hospital; come and buy your greetings cards, delightful hand knitted baby jumpers, ornaments, bags for life and glassware.
- * We have donation boxes at the Caterham Club and at Pryas Newsagents who collect approximately £200 a year for us.
- * Or join us at our events throughout the year.

Our members and local residents that know and use the hospital are very generous in supporting us. We frequently get 'one off' donations, for instance; Mr John Hill asked his friends and family to donate to us instead of bringing a present to his 80th birthday party. Also the ladies team donated their winnings from the Rotary quiz.

Thank you to all who have donated to the Friends. We appreciate and depend on your generosity.





MEMBERSHIP FORM



To become a member of FRIENDS OF CATERHAM DENE HOSPITAL, please fill in this form and send to:
Membership Secretary, Friends of Caterham Dene Hospital, Caterham Dene Hospital, Church Rd, Caterham CR3 5RA

Please complete all information and sign at the bottom of the page

Title: Mr Mrs Miss Ms Address:

First name:
Surname:

*Email address: *Post code:

*Telephone: ***These fields are essential**

Tax Recovery Declaration - (Gift Aid)

Boost your donation by 25p of Gift Aid for every £1 you donate

Please tick the box if you would like us, FRIENDS OF CATERHAM DENE HOSPITAL to reclaim the tax paid on your donation and any previous or future donations.

You must be a UK tax payer and understand that if you pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on your donations in the tax year, it is your responsibility to pay any difference.

Standing Order Mandate

This mandate supersedes any previous mandate to this charity.

To the Manager of(Your bank name)

Address of bank: Sort code:

..... Account Number:

..... Account Name:

Post code:

Please pay £.....(min £10) immediately and annually until further notice to:

Barclays Bank Ltd - Sort code: 20-22-67 - Account no. 40907529

Account name: Friends of Caterham Dene Hospital.

Signed: **Print name:** **Date:**.....

Please notify us if any of the above details change.



Christmas Bazaar

United Reformed Church Hall
Harestone Hill, Caterham
On Saturday 23rd November
From 10.00am to 3.00pm

*Light Bites
Cakes
Beverages*

Craft Stalls

Raffle

*Christmas
Gifts*