



NEWSLETTER

FRIENDS OF CATERHAM DENE HOSPITAL

Registered Charity No. 251089



Autumn/Winter 2023

SEE INSIDE FOR ALL OUR NEWS

Purchase of diagnostic ultrasound machine for £22,000

Minor Injuries Unit now available for children

Generous donations from our community

News from the new Chairman John Hazell

OUR BAZAAR IS COMING SOON!

SATURDAY 18TH NOVEMBER

Put the date in your diary and come and join us

Lots of lovely stalls for gifts or to treat yourself, raffle, jewellery, coffee, tea, cakes and savouries to eat in or take away.

Please see the back page for more details



NEWS FROM THE CHAIR

This is my first piece as Chair of the Friends having takeover from Helen Denton at the AGM held in St Mary's hall back in May. I'm not quite sure where the last few months have gone, but we continue to support the hospital, both patients and staff by providing essential equipment and services. Items we have provided such as state of the art Ultrasound machine for the Physio unit, the new storage facility for medical dressings and a very important technical reference book for the Minor Injury Unit, are outlined in other parts of this newsletter.

We, the Trustee's of Friends of Caterham Dene Hospital, thank Helen for all her hard work over the years and wish her and Steve all the best for their new life in the countryside. Steve has agreed to stay on as our Treasurer for the foreseeable future and Helen is continuing to produce the newsletter.

The Friends management team is made up of nine Trustees who meet three times a year to ensure the Friends continue to operate in accordance with our charter of providing support to both the hospital and the wider community.

It is my pleasure to welcome three new Trustees, Mrs Jane Hampson who is one of our shop volunteers, Mr Geraint Jenkins who sits on our Fundraising committee and Mrs Hetty Duck who has lived in Caterham on the Hill for many years and is a well known member of our community. We have to say a big Thank You to the two Trustees who have stepped down this year, Mrs Jill Brooks and Mrs Rita Rawson, who whilst no longer Trustees both remain active members of the Friends and continue to sit on our Fundraising committee. We are always open to new volunteers to assist with the running of the Friends, so if you have some free time and would like to be involved or like to know more about us, then please get in touch.

The hospital continues to expand its services and now accepts children at the Minor Injuries Unit, a service that the hospital has been hoping to provide for many years. This makes the Minor Injuries Unit an even more valuable asset to our local community.

I would like to thank everyone who receives this newsletter, as this means you are a member of the Friends and donate a minimum of £10 per year. This regular membership donation is very important to us as it makes it possible to provide new equipment for the hospital while also enabling us to provide the hospital with year round every day items such as newspapers, toiletries and other amenities that makes the patients stay in Caterham Dene Hospital that much more comfortable. If you are not yet a member and you would like to become one, please fill in the form inside the back cover of this newsletter.

We have our Christmas Bazaar approaching fast, it is on Saturday 18th November in St Mary's Church Hall, Church Hill, from 11am to 4pm. Please pop over and say hello, stay for some refreshments and browse our stalls for gifts.

John Hazell, Chair. Email - chair@focdh.co.uk

NEW PURCHASES FOR THE HOSPITAL

The Friends of Caterham Dene Hospital are very pleased to announce they have funded the purchase of a diagnostic ultrasound machine at a cost of £22,000. This machine provides very early diagnosis of certain types of injuries that would have previously taken weeks or months to diagnose correctly.

This is the press release from Micheal Crebbins - Advanced Practice Physiotherapist.

Launch of point-of-care diagnostic ultrasound thanks to the support of the Friends of Caterham Dene!

Members of the ICATS team were delighted to meet with trustees from the Friends of Caterham Dene Hospital recently for the official handover of a diagnostic ultrasound machine purchased by the Friends.

Jane Hampson and Jean Mallery presented the machine to Christopher Butt and Michael Crebbin, advanced physiotherapy practitioners from First Community's Integrated Clinical Assessment and Treatment Service. The addition of point-of-care imaging will allow earlier diagnosis and optimise patient management pathways within the musculoskeletal service. There is also potential to expand its use within pelvic health and minor-injury settings.

First Community continues to support members of the ICATS with postgraduate training to ensure competency and expertise and thanks to the generosity of the Friends of Caterham Dene they now have permanent access to a diagnostic ultrasound machine.



Jane Hampson and Jean Mallery, Trustees of the Friends of Caterham Dene Hospital, presenting the machine to Christopher Butt and Micheal Crebbins.



Micheal Crebbins demonstrating the use of the ultrasound scanning machine on a calf injury.

NEW PURCHASES FOR THE HOSPITAL

The Friends have also purchased two sets of Otoscopes and Orosopes for the Minor Injuries Unit for diagnosing patients with ear, nose and throat complaints, at the total cost of £1,330.



We have also purchased an Atlas of Normal Roentgen Variants that may simulate disease for the Minor Injuries Unit, for helping to recognise normal variants in the human structure, at a cost of £250.

John Hazell presenting the book to Lisa Wood (Lead of Minor Injuries Unit)

Also at the request of the hospital the Friends have been able to purchase new storage units to hold medical dressings. These lockable units enable the nurses to see at a glance when stocks are running low. The total cost of the storage units, including installation, was £9,660.



CHRISTMAS CARDS AND CHOCOLATE GOODIES

Our Christmas cards will be arriving soon in the Friends shop and the Physio department at Caterham Dene Hospital, and also, don't forget to watch out for our Christmas chocolate goodies there too!



DONATIONS

We are so lucky as a charity to receive very generous donations from our local community and residents. We would like to thank everyone who has contributed donations, be that from individuals or from local clubs and groups.

One such donation was a bequest left to us by the late Mr Alistair Jackson-Robbins, who left £11,000 to the Friends of Caterham Dene Hospital in his will. Bequests provide a real ability for Friends to be able to increase the level of financial support to Caterham Dene Hospital. Please consider if you feel a bequest is something you would like to make. Friends can ensure any funds received are used to buy new equipment or improve facilities for the hospital or provide amenities for the patients.

Caterham bowling Club raised £1,100 on their annual charity day. The bowling club committee decided to give half to the Friends of the Caterham Dene Hospital and the other half to St. Catherine's Hospice. On Sunday 1st October 2023, the final day of the Caterham Bowling Club season, Jean Mallery from the Friends of Caterham Dene Hospital, received a cheque for £550 on behalf of the Friends from Richard Lawrence, Club President and Pat Jones, Club Treasurer.

The main photo shows Jean flanked by Richard and Pat and some of the Caterham Bowling Club members.



Pat Jones presenting Jean Mallery with the cheque



Friends were very appreciative of the Residents of Matlock Road who collected £100 at their street party while celebrating the King's Coronation, and the Caterham Club who collected £92 for the Friends from the collection box in their club rooms.

Halloween

Come and get your Halloween chocolate goodies from the Physio department or the Friends Shop at Caterham Dene Hospital.
Be quick or they will be gone!



EVENTS

Sadly the Friends have not been able to organise as many fundraising events this year, due to lack of volunteers. We need volunteers who are willing to get involved with the organisation, transportation of goods, setting up, taking down and clearing up after events. Without the support from more volunteers we won't be able to hold as many fundraising events as we usually do. If you would be able to volunteer please get in touch by email at chair@focdh.co.uk.

We had a fabulous day at Caterham Carnival where we had a promotional stand with a free lucky dip and some collection boxes. Thanks to the generosity of the public we raised £100.



John Hazell (chair of Friends of Caterham Dene Hospital) and his daughter Georgia, manning the stall.



The Friends held a Summer Sale in the car park of the hospital with a few stalls and refreshments. It was a very windy day and we had competition from the Wimbledon finals, but we were very pleased with the outcome and will be looking to do it again next year. We raised £235 on the day.

WE NEED YOUR HELP

We desperately need donations of unwanted gifts, good quality glass and china-ware for the Bazaar and for us to sell in the shop.

All the money we raise in the shop and at our events is from the sale of items that have been donated by you, the public. Our stocks are getting very low and we would really appreciate any unwanted quality items you have tucked away in your cupboards.

You can bring it in to the shop at Caterham Dene Hospital between 10am and 4pm weekdays, or email, phone or text John Hazell on chair@focdh.co.uk, 07484 726708.



MEMBERSHIP FORM



To become a member of FRIENDS OF CATERHAM DENE HOSPITAL, please fill in this form and send to:

Membership Secretary, Friends of Caterham Dene Hospital, Caterham Dene Hospital, Church Rd, Caterham CR3 5RA

Please complete all information and sign at the bottom of the page

Title: Mr Mrs Miss Ms

Address:

First name:

.....

Surname:

.....

*Email address:

*Post code:

*Telephone:

***These fields are essential**

Tax Recovery Declaration - (Gift Aid)

Boost your donation by 25p of Gift Aid for every £1 you donate

☐ Please tick the box if you would like us, FRIENDS OF CATERHAM DENE HOSPITAL to reclaim the tax paid on your donation and any previous or future donations.

You must be a UK tax payer and understand that if you pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on your donations in the tax year, it is your responsibility to pay any difference.

Standing Order Mandate

This mandate supersedes any previous mandate to this charity.

To the Manager of(Your bank name)

Address of bank:

Sort code:

.....

Account Number:

.....

Account Name:

Post code:

Please pay £.....(min £10) immediately and annually until further notice to:

Barclays Bank Ltd - Sort code: 20-22-67 - Account no. 40907529

Account name: Friends of Caterham Dene Hospital.

Signed: **Print name:** **Date:**.....

Please notify us if any of the above details change.

PLEASE JOIN US



THE FRIENDS OF
CATERHAM DENE
HOSPITAL

Refreshments
Available

11am - 4pm

Bazaar

❄ Saturday
18th November

St. Mary's Church,
Church Hill, Caterham CR3 5RA